

Safe Working at Height

2.5 days

Course Content

The aim of the course is to give the candidate the skills, knowledge and understanding to work safely at height using a selection of personal protective equipment and to perform the rescue of a colleague using a reach pole system.

The course is structured and progressive, allowing candidates to build their confidence in the equipment and themselves.

Candidates will be encouraged to carry out continuous risk assessment of their environment and task and will be challenged on their decisions.

MFRS instructors are nationally certified with vast amounts of experience and specialist knowledge in the above training.

How is the course assessed?

Candidates will be practically assessed by observation and Q&A.

Duration & venue

This course is completed over 2.5 days, including half day assessment at Merseyside Fire & Rescue Service's Training and Development Academy, Storrington Avenue, Croxteth, Liverpool, L11 9AP.

Cost

Please contact the Commercial Department for details.

Full Terms & Conditions apply.

MFRS will supply:

- PPE (if required)
- Equipment (if required)
- Course materials, consumables, training facilities, documentation in form of an assessment workbook (available upon request) or certificate (preferred choice)
- 3 course lunch & refreshments

Learning Outcomes

Candidates will:

- Be able to state current legislation and how it is applicable to them
- Demonstrate selection and inspection of personal protective equipment
- State care and maintenance requirements for personal protective equipment
 - State the hierarchy of Safe Working at Height
- State factors affecting the use of fall arrest equipment
 - Demonstrate work restraint
- Demonstrate moving safely using fall arrest equipment
 - Demonstrate work positioning
 - Demonstrate reach pole rescue.

For further information and to make a booking, please contact our friendly team:

Adele Doran - Commercial Training Manager

adeledoran@merseyfire.gov.uk

0151 296 5041

Rescue From Height

2 days

Course Content

The aim of the course is to give the candidate the skills, knowledge and understanding to carry out the rescue from height of a colleague using a selection of rescue equipment and basket stretcher.

The course is structured and progressive, allowing candidates to build their confidence in the equipment and themselves.

Candidates will be encouraged to carry out continuous risk assessment of their environment and task and will be challenged on their decisions.

MFRS instructors are nationally certified with vast amounts of experience and specialist knowledge in the above training.

How is the course assessed?

Candidates will be practically assessed by observation and Q&A.

Duration & venue

This course is completed over 2 days at Merseyside Fire & Rescue Service's Training and Development Academy, Storrington Avenue, Croxteth, Liverpool, L11 9AP.

Cost

Please contact the Commercial Department for details.

Full Terms & Conditions apply.

MFRS will supply:

- PPE (if required)
- Equipment (if required)
- Course materials, consumables, training facilities, documentation in form of an assessment workbook (available upon request) or certificate (preferred choice)
- 3 course lunch & refreshments

Learning Outcomes

Candidates will:

- Be able to state current legislation and how it is applicable to them
 - Demonstrate personal safety while working at height
 - Demonstrate selection and inspection of rescue equipment
- State care and maintenance requirements for rescue equipment
 - State rescue considerations
- State and demonstrate incident management considerations
 - State the factors affecting rope systems
 - Demonstrate the safe use of hauling systems
 - Demonstrate the safe use of lowering systems
- Demonstrate casualty handling and stretcher use
 - Demonstrate the use of tag lines

For further information and to make a booking, please contact our friendly team:

Adele Doran - Commercial Training Manager

adeledoran@merseyfire.gov.uk

0151 296 5041