

# PRINCE'S TRUST

A unique opportunity for 16-25 year olds to develop new skills & experience



- EMPLOYMENT SKILLS TEAM BUILDING
   WORK EXPERIENCE RESIDENTIAL
   RECOGNISED QUALIFICATION
- Develop key social & practical skills by problem solving & working with others
- Access career advice & improve job prospects
- Give something back by taking part in a community project
- Make new friends, boost confidence & self esteem

WE HAVE **FREE** COURSES STARTING REGULARLY ACROSS MERSEYSIDE.

Merseyside Fire & Rescue Service deliver the outstanding FREE 12-week Prince's Trust Team Programme. This personal development course gives you the opportunity to gain a qualification, build skills such as confidence, teamwork and motivation - all while helping your local community. The course runs three times a year - January, May & September - from bases around Merseyside. The programme looks a bit like this (though the order is subject to change):

#### Week 1: Meet New People & Take Action

Get to know your team through fun activities your team leaders provide - you will soon start to feel like part of things. You will also start planning for the weeks ahead, setting out your goals and finding out how to get your qualification.

#### **Week 2: New Experiences**

This week is all about trying new things & learning how to work with others. This gives you a chance to break away from your current situation. The things you could do include canoeing, climbing, raft building, abseiling & much more!

## **Weeks 3-6: Community Project**

Your team will decide on a project to benefit your local community. This gives you some great experience to talk about at future interviews. You will also plan & carry out a fundraiser to cover the costs of the community project.

#### Weeks 7-8: Work Placements

This is the time to see how the skills you have developed so far can help you in the workplace. It gives you the chance to try out an industry or company you are interested in. It's also a great opportunity to discover new roles and careers.

#### Week 9: Plan for the Future

Time to plan your next steps after the programme... You will get help to write a professional CV, practise your interview skills and a chance to practice filling out application forms.

#### Weeks 10-11: Meet the challenge

You and your team will take on various challenges to support others in your community. This is when you get to test out all the skills you have developed so far. You will also carry out a fundraiser to cover the costs.

#### Week 12: Have Your Say

In the final week, you will deliver a presentation with your team to an invited audience. This is a chance to show off the talents & skills you have discovered. It may sound scary now, but after 12 weeks, you'll be surprised how far you've come!

\*Information, advice & support are provided throughout.

\*Enrolment on the course will not affect your benefits.

\*During the course you complete a learning record to gain an Entry Level 3, Level 2 or Level 1 Prince's Trust qualification in Employment, Teamwork & Community Skills.









### SIGN UP TO THE PROGRAMME HERE!

Name:	_ Gender:	
Do you have any criminal convictions? Y/N  Do you have access to the internet? Y/N  Do you have experience of using:  Microsoft Teams Y/N Zoom Y/N Other similar:		
Please tick where true: I am not currently in full-time education, employment or training $\ \square$		
If you are over 18, are you currently claiming benefits? Y/N  If yes, which benefit?  From which Job Centre Plus do you claim benefits?		
Why do you want to join? Please tick all that apply:		
Employment prospects □	Self-esteem	
Social skills	Gain extra support □	
Build trust □	Teamwork skills □	
Build confidence □	Communication skills	
Raise aspirations □ Further education □	Improve motivation □	
Which social media do you use?		
Which location would you prefer (please tick): Bootle □ Toxteth □ Belle Vale □ Prescot □ Birkenhead □		
Where did you hear about the programme?		

Please allow two working days for a response. If you have not heard from us in that time, please contact us using:

Tel: 0151 296 6466

Email: youthengagementteam@merseyfire.gov.uk

# REFER A YOUNG PERSON TO THE PROGRAMME

#### **ABOUT THE REFERRAL AGENCY**

Name of referral agency:
Type of agency:
Referral agency worker/s:
Role(s) of worker(s):
Address:
Postcode:
Contact email: Tel:
Reason for referral:
If applicable, please state the relationship of the referrer to the referral (young person)?
ABOUT THE YOUNG PERSON
Is the young person aware of this referral? Y/N
Is the young person in, or leaving, care?
is the young person in, or leaving, care.
Does the young person currently access any other support or agency? Y/N If yes, which?
Does the young person have any disability or additional needs? Y/N  If yes, please give details:
Does the young person have any emotional or mental health issues? Y/N  If yes, please give details:
Does the young person take any prescribed medication that we should know about? Y/N If yes, please give details:
Does the young person require any additional support to take part? Y/N  If yes, please give details:

# REFER A YOUNG PERSON TO THE PROGRAMME

To help us support the young person, please tell us if any of the following are relevant. Tick as appropriate:  Drug/alcohol use □		
Involved in anti-social behaviour/gang affiliation/		
knife crime □	Self-harm □	
<b>Dependants</b>	Young carer □	
Risk of homelessness	Criminal convictions	
Please provide any additional information here:		
Of the following interventions young person would benefit for Emotional health/wellbeing Drug/alcohol use Drug/alcohol use Drug/alcohol use Dersonal/Social skills Dersonal/Social skills	rom? Sexual health □ Problem solving □ Employability □ Lang/lit/numeracy/LLN □	
Please provide any additional information here:		
Please keep me updated on the progress of this referral  Invite me to the presentation & other events  Keep me informed of upcoming programmes  Sign me up to receive correspondence		

Please allow two working days for a response. If you have not heard from us in that time, please contact us using:

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